

Turning Frustration Into Fuel

Step 1: Identify the Friction Point

- Setback (failure, delay, loss)
- Interruption (unexpected change, disruption, canceled plan)
- Challenging Person (conflict, resistance, personality clash)
- Something else:

Step 2: Ask the Stewardship Questions

For Setbacks:

What can I learn here that success would never have taught me?
How can I leverage this loss to refine my strategy or strengthen my team?
Where is God pushing me to depend less on myself and more on Him?

For Interruptions:

What hidden opportunity just surfaced in this disruption?
Who do I now have access to, or what new door just cracked open?
How can I innovate instead of complain?

For Challenging People:

What perspective or gift might this person carry that I'm not seeing?
If this person became a partner instead of a problem, what would change?
What would humility look like here?

Step 3: Reframe with Radical Stewardship

Instead of: This is blocking me → Ask: How could this be building me?
Instead of: This person is against me → Ask: How could this person be for the Kingdom?
Instead of: This interruption ruined my plan → Ask: What if God's plan just replaced mine?

Step 4: Act

What is one immediate action I can take to turn this into a Kingdom win?
Who do I need to develop?
What needs to "die" in me (ego, control, entitlement) before this opportunity can live?